



Walking Mom Home

*sharing the
blessings of
this life's
final journey*

MIRIAM MILLHAUSER CASTLE

"This is not just a story of caring for a parent in her dying time or grieving after she's gone; it's a story of loving, growing, and reaping the fruits of relationship, of coming to know oneself in the cauldron of challenge, and of seeing oneself in the mirror of life's most primal connection."

Introduction to
Walking Mom Home

Few situations are more overwhelming than serving as the caregiver of a dying relative. The physical strain of caregiving is exacerbated by the emotional upheaval of facing an upcoming devastating loss. In this stirring book, Miriam Millhauser Castle describes how she and her mother transformed the potentially difficult period of her mother's last year into a time of blessing and meaning. Instead of despair they found direction. In place of chaos they found comfort.

Holding the hand of one approaching death forces us to face life in ways we never have before. Rebbetzin Castle, well-known author and teacher, laces her account with Torah thoughts on the transition from this world to the next. While dying can be viewed as a time of closed doors and paths not taken, the Torah tells of another dimension. One's last days can be a time of awesome potential.

Endings becoming beginnings.

About the author:

Miriam Millhauser Castle is a writer, healer, educator, conflict resolution specialist, and lawyer. Through her own life and her work with clients, she has come to know much about the dying time and the tremendous potential it holds for all involved. As the developer of the Inner Torah process and the author of *Inner Torah: Where Consciousness and Kedushah Meet*, and *Practical Inner Torah: A Guide to Going Within*, she is uniquely able to help realize that potential.

Her commitment to healing and to spiritual and emotional growth in all life circumstances was with her through her days as a partner in a large law firm and as the founder of Conflict Consulting. It is the mainstay of her work today as she helps people around the world, in person and on the telephone, come into more authentic relationship with themselves and Hashem through the Inner Torah process. The fruits of her experiences and client work are continually shared through soulful writings that guide and inspire. She also conducts workshops, teaches classes, and trains those who want to do Inner Torah work with others.

She lives in Jerusalem with her husband.

Walking Mom Home is a daughter's poignant account of the time she spent with her mother in the last year of her mother's life. Mother and daughter joined forces to face the challenges of terminal illness and in the process grew in ways that neither could have imagined. They turned what could have been a difficult time into a powerful opportunity to know each other more fully, to strengthen the bond between them, to come closer to Hashem, and to find new meaning in life — and in death. The two stood at the door to the next world and faced the transition with love, faith, and equanimity.

On the other side of loss comes the equally powerful process of grieving. In this stage too, *Walking Mom Home* offers an uplifting and life-changing account that touches the depths of our souls, and helps us to open new doors.

This is a book about living and dying.

This is a book about loving and caring.

This is a book about the power of accompanying a loved one on her final journey — and going on from there.

"*Walking Mom Home* is an inspiring work that reflects great faith in Hashem, loving dedication to and honor of one's parent, and astute insights into life, death, mourning, and grief. The experiences [it] describes demonstrate the elevated levels a soul can reach during its final tikkun in this world... This is a book with great wisdom and depth."

Rav Chaim P. Scheinberg, Rosh HaYeshiva "Torah Ore"

Other books by the author:



Inner Torah



Practical Inner Torah

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